

# PRAYER + FASTING CATAPULT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>JAN 7</b> FAST TV SHOWS, MOVIES & VIDEOS <b>JOIN US AT EVANGEL AT 9 OR 11 AM</b>	<b>JAN 8</b> FAST VIDEO GAMES (ON GAME SYSTEM, COMPUTER, PHONE, ETC)	<b>JAN 9</b> FAST NON-WORSHIP MUSIC	<b>JAN 10</b> FAST JUNK FOOD, FAST FOOD, & SWEETS <b>SEE YOU AT CATAPULT @ 7PM!</b>	<b>JAN 11</b> FAST SOCIAL MEDIA (INSTAGRAM, TWITTER, SNAPCHAT, ETC)	<b>JAN 12</b> FAST VIDEO GAMES (ON GAME SYSTEM, COMPUTER, PHONE, ETC)	<b>JAN 13</b> FAST TV SHOWS, MOVIES & VIDEOS
<b>JAN 14</b> FAST JUNK FOOD, FAST FOOD, & SWEETS <b>JOIN US AT EVANGEL AT 9 OR 11 AM</b>	<b>JAN 15</b> FAST SOCIAL MEDIA (INSTAGRAM, TWITTER, SNAPCHAT, ETC)	<b>JAN 16</b> FAST TEXTING WITH FRIENDS	<b>JAN 17</b> FAST SODA & COFFEE <b>SEE YOU AT CATAPULT @ 7PM!</b>	<b>JAN 18</b> FAST TV SHOWS, MOVIES & VIDEOS	<b>JAN 19</b> FAST SOCIAL MEDIA (INSTAGRAM, TWITTER, SNAPCHAT, ETC)	<b>JAN 20</b> FAST JUNK FOOD, FAST FOOD, & SWEETS
<b>JAN 21</b> FAST NON-WORSHIP MUSIC <b>JOIN US AT EVANGEL AT 9 OR 11 AM</b>	<b>JAN 22</b> FAST SODA & COFFEE	<b>JAN 23</b> FAST TV SHOWS, MOVIES & VIDEOS	<b>JAN 24</b> FAST JUNK FOOD, FAST FOOD, & SWEETS <b>SEE YOU AT CATAPULT @ 7PM!</b>	<b>JAN 25</b> FAST SOCIAL MEDIA (INSTAGRAM, TWITTER, SNAPCHAT, ETC)	<b>JAN 26</b> FAST VIDEO GAMES (ON GAME SYSTEM, COMPUTER, PHONE, ETC)	<b>JAN 27</b> FAST TV SHOWS, MOVIES & VIDEOS

Use Bible App Reading Plan: "It Starts With Me"